


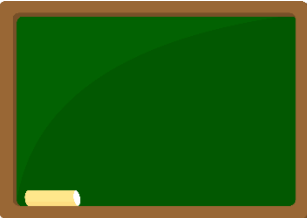
**TUSCALOOSA COUNTY SCHOOLS
MIDDLE/HIGH MENU
AUGUST 2021**

Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please
Check w/ your local schools for additional choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>"We strive to be successful in food because students can't be successful without it."</p>  	<h1 style="color: red; font-family: cursive;">WELCOME BACK</h1>			<p>*MENUS ARE SUBJECT TO CHANGE*</p> 
			<p>12</p> <p>BREAKFAST PIZZA, FRESH FRUIT</p> <p>HONEY BALSAMIC PULLED PORK W/ FRENCH BREAD CHICKEN TENDER BASKET SWEET POTATO FRIES BUTTERED SQUASH FRESH FRUIT</p> 	<p>13</p> <p>SCRAMBLED EGGS, SAUSAGE, DUTCH WAFFLE, FRESH FRUIT</p> <p>GREEK CHICKEN W/ RICE PILAF CHEESEBURGER CITRUS CINNAMON GLAZED CARROTS PARMESAN ROASTED BROCCOLI FRESH FRUIT</p>
<p>16</p> <p>CHICKEN BISCUIT, FRESH FRUIT</p> <p>CHICKEN NUGGETS W/ WARM ROLL PHILLY CHEESE STEAK GREEN BEANS FRENCH FRIES FRESH FRUIT</p> 	<p>17</p> <p>GENERAL MILLS SOFT BAR, YOGURT & FRESH FRUIT</p> <p>HERB ROASTED CHICKEN & WARM ROLL CRISPITOS CITRUS CINNAMON GLAZED CARROTS CORN FRESH FRUIT</p>	<p>18</p> <p>CINNAMON ROLL, FRESH FRUIT</p> <p>SPAGHETTI W/ GARLIC KNOT HOT DOG W/ CHEESE-ITZ BUTTERED SQUASH BROCCOLI & CHEESE FRESH FRUIT</p> 	<p>19</p> <p>FRENCH TOAST STICKS, SAUSAGE LINK & FRESH FRUIT</p> <p>TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL WINGS & THINGS W/ WARM ROLL LEMON ROASTED CARROTS BLACK-EYED PEAS FRESH FRUIT</p>	<p>20</p> <p>SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT</p> <p>BUFFALO CHICKEN DIP HAMBURGER SWEET POTATO FRIES GREEN PEAS FRESH FRUIT</p> 
<p>23</p> <p>DONUT, FRESH FRUIT</p> <p>TANGERINE CHICKEN W/ FRIED RICE & EGG ROLL COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL GREEN BEANS GARLIC ROASTED MASHED POTATOES FRESH FRUIT</p>	<p>24</p> <p>KELLOGG'S MINI PANCAKES, YOGURT, FRESH FRUIT</p> <p>TACO SALAD MINI CORN DOGS LEMON ROASTED CARROTS REFRIED BEANS FRESH FRUIT</p>	<p>25</p> <p>SAUSAGE BISCUIT, FRESH FRUIT</p> <p>MINI CHEESE RAVIOLI CHICKEN SANDWICH GREEN BEANS CORN FRESH FRUIT</p> 	<p>26</p> <p>BREAKFAST PIZZA, FRESH FRUIT</p> <p>HONEY BALSAMIC PULLED PORK W/ FRENCH BREAD CHICKEN TENDER BASKET SWEET POTATO FRIES BUTTERED SQUASH FRESH FRUIT</p>	<p>27</p> <p>SCRAMBLED EGGS, SAUSAGE, DUTCH WAFFLE, FRESH FRUIT</p> <p>GREEK CHICKEN W/ RICE PILAF CHEESEBURGER CITRUS CINNAMON GLAZED CARROTS PARMESAN ROASTED BROCCOLI FRESH FRUIT</p>
<p>30</p> <p>CHICKEN BISCUIT, FRESH FRUIT</p> <p>CHICKEN NUGGETS W/ WARM ROLL PHILLY CHEESE STEAK GREEN BEANS FRENCH FRIES FRESH FRUIT</p> 	<p>31</p> <p>GENERAL MILLS SOFT BAR, YOGURT & FRESH FRUIT</p> <p>HERB ROASTED CHICKEN & WARM ROLL CRISPITOS CITRUS CINNAMON GLAZED CARROTS CORN FRESH FRUIT</p>			

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